

Augusta CareerCenter

21 Enterprise Drive, Suite 2
Augusta, ME 04333-0073
624-5120 • 1-800-760-1573 • FAX 287-6249

Bangor CareerCenter

45 Oak Street, Suite 1
Bangor, ME 04401-6664
561-4000 • 1-888-545-8811 • FAX 561-4027

Houlton VR Office

11 High Street
Houlton, ME 04730
532-5019 • 1-800-432-7338 (press 3)
FAX 532-7995

Lewiston CareerCenter

5 Mollison Way, Lewiston, ME 04240-5805
753-9001 • 1-800-741-2991 • FAX 753-9051

Machias CareerCenter

53 Prescott Drive, Suite 2
Machias, ME 04654-9751
255-1926 • 1-800-770-7774 • FAX 255-3091

Greater Portland CareerCenter

151 Jetport Boulevard, Portland, ME 04102-9974
822-3300 • 1-877-594-5627 • FAX 822-0221

Presque Isle CareerCenter

66 Spruce Street, Suite 3
Presque Isle, ME 04769-3222
760-6300 • 1-800-635-0357 • FAX 760-6316

Rockland CareerCenter

91 Camden Street, 2nd Floor-Suite 202
Rockland, ME 04841-2421
596-2641 • 1-877-421-7916 • FAX 594-1858

Skowhegan CareerCenter

98 North Avenue, Suite 20
Skowhegan, ME 04976-1923
474-4950 • 1-800-760-1572 • FAX 474-4914

TTY users call Maine Relay 711

Resources

Bureau of Rehabilitation Services

Administrative Office
150 State House Station
Augusta, ME 04333-0150
207-623-6799 • Fax 287-5292
TTY users call Maine Relay 711

**Client Assistance Program (CAP),
a Program of C.A.R.E.S., Inc.**

CAP is an advocacy program that provides information and assistance to individuals who are applying for, or receiving VR services. CAP exists to answer your questions, clarify the VR process, and if necessary, represent you to help resolve a problem or concern.

For more information about CAP, call:
207-377-7055 • 1-800-773-7055
TTY users call Maine Relay 711.

C.A.R.E.S., Inc.
134 Main Street, Suite 2C
Winthrop, ME 04364

www.caresinc.org

MAINE
DEPARTMENT OF
LABOR

Division of Vocational Rehabilitation

www.maine.gov/rehab/dvr

The Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals with disabilities upon request.

08/15

MAINE
DEPARTMENT OF
LABOR

Division of Vocational Rehabilitation

Employment Services for People with Disabilities

Specialized job services to help
you reach your career goals



www.maine.gov/rehab/dvr



About Vocational Rehabilitation

What Is Vocational Rehabilitation?

The Division of Vocational Rehabilitation, also known as “VR,” assists individuals who have disabilities to get and keep a job. VR works with adults, as well as with eligible students to coordinate information and resources as they transition to the world of work.

Who Is Eligible For VR Services?

To be eligible you must:

- have a documented disability that prevents you from getting or keeping a job
- need VR services to keep a job (Eligibility must be determined in 60 days. Medical records can usually provide the necessary documentation.)

If you are receiving Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) based on a disability and have an interest in working, you are presumed eligible for VR services.

How Do I Apply?

To apply for VR, you need to call one of our offices and schedule an appointment with a VR counselor. The counselor will explain the program and learn more about you and your goals. You are strongly encouraged to view the online VR orientation video prior to applying for services.

www.maine.gov/rehab/videos/vr_orientation.shtml

What About My Employment Goals?

Your VR counselor will work with you to decide what jobs best fit your interests and skills. You’ll also consider where you live, the current job market, and what transportation is available.

What Services Does VR Provide?

Every person’s employment plan is different. VR will consider any service you need to achieve the agreed-upon vocational goal.

As you identify careers, VR can provide information about the skills and training you need. If training is necessary, VR may help with the cost of the program.

VR may buy tools, uniforms or basic equipment needed to start a job. Sometimes VR can assist with payment for some medical/psychological services.

If you need a Job Coach (on-the-job support), VR will provide one.

Generally services end 90 days after you start working.

Affordable Solutions

How Much Will This Cost?

It does not cost you anything to apply for services. There is no charge for testing, vocational evaluation, counseling, or job placement assistance. If you are eligible for services, your counselor will ask you about your income and expenses. Depending upon your income, you may be asked to contribute to the cost of VR services. VR cannot pay for any services you received before you applied to VR, or any services not agreed upon with your counselor and written in your Individualized Plan for Employment.

