CareerCenter

A proud partner of the americanjobcenter network

Resources for laid off workers

Translation services available upon request.

Unemployment Compensation

A weekly benefit may be available to workers who have lost a job through no fault of their own. Unemployment insurance claims can be filed 24/7 online. There is no physical unemployment office to visit. Instructions on how to file an initial claim or weekly certification and the log-in to ReEmployME can be found at www.maine.gov/unemployment. For questions regarding your unemployment claim, please call 1-800-593-7660. For general unemployment questions you may also contact your local CareerCenter.

Job Search Assistance

Receive assistance with your job search on the Maine JobLink (matching your skills and experience to available job openings). To be eligible for unemployment compensation, you must be registered on Maine JobLink which can be accessed at joblink.maine.gov. For questions regarding Maine JobLink please call 207-623-7967. TTY users call Maine Relay 711.

CareerCenter Services

Includes workshops on the fundamentals of a successful job search, and job training assistance. There are 12 CareerCenters located throughout Maine with information and resources on-line at www.mainecareercenter.gov. Additional services may be available for military Veterans and those with a disability.

Health Care and Health Insurance

Consumers for Affordable Health Care serves as Maine's Consumer Assistance Program. They can provide you with confidential information on possible options for low-cost health insurance including MaineCare through their tollfree "Helpline" at 1-800-965-7476 or visit enroll207.com or www.coverme.gov.

Training Assistance

CareerCenter training partners offer financial assistance to qualified individuals.

County of Residence	Resource
Androscoggin | Franklin Hancock | Kennebec Oxford | Penobscot Piscataquis | Somerset Washington	**Eastern Maine Development Corporation** www.emdc.org/workforce/education-training 207-991-0147
Aroostook	**Aroostook County Action Program** www.acap-me.org 207-764-3721
Cumberland | Knox Lincoln | Sagadahoc Waldo | York	**Workforce Solutions** www.workforcesolutionsme.org 207-930-7047
Adult Training	
Maine Education Opportunity Center meoc.maine.edu | 1-800-281-3703 **Maine Spark** mainespark.me/adult-promise/adult-promise-hub	

For additional resource information in your local area, Dial "211."

For a complete resource guide:
https://www.mainecareercenter.gov/docs/2022/transitions_guide_2022.pdf

https://www.mainecareercenter.gov/docs/2021/JobSeekerGuide.pdf

If you have any questions about available services, please email us at RapidResponse.DOL@maine.gov.

MAINE DEPARTMENT OF LABOR

The Maine Department of Labor provides equal opportunity in employment and programs.
Auxiliary aids and services are available upon request to individuals with disabilities.